



MEETUP | SATURDAY, AUG. 20, 2022

BONITA VALLEY TO TIKI HUT LOOP

MORRISON POND | SWEETWATER REGIONAL PARK

5102 SWEETWATER ROAD, BONITA, CA 91902

Check-in 8:30 - 9 a.m., Rolling by 9:15 a.m., end at/after 11 a.m.

THE PROPERTY



Spanning 500 acres, Sweetwater Regional Park envelopes multiple properties including a pond, a community garden, a campground, an amphitheater, an exercise course, a splash pad, a bike park and 15 miles of trails.

Stunning views of the Sweetwater Reservoir lead many to the park's summit while Sweetwater Bike Park draws riders from all over California – thanks to the park's four jump lines (ranging from beginner to expert), a kid's pump track, a skill zone, two flow trails and perimeter trail.

Trails within the larger park connect to the San Diego National Wildlife Refuge, managed by US Fish and Wildlife.

This series is part of the County's overarching Experience the Outdoors Program, championed by San Diego County Board of Supervisors Chair Nathan Fletcher. Other components of the Program include the Rad Regional Parks event series and the Parks 101 First-timer Series.

Learn more at:
sdparcs.org/experienceoutdoors

For more information, contact:

Jessica Geiszler, Marketing & Public Outreach
Manager for DPR at
Jessica.Geiszler@sdcounty.ca.gov

or Susie Murphy, Executive Director of SDMB
at executivedirector@sdmba.com

THE ROUTE

Spots are limited. To secure your spot, call the Lakeside Community Center at 619-443-9176, weekdays between 12 and 5 p.m.

Level: Intermediate | Distance: 12 miles | Elevation gain: 1,011 feet | E-bikes OK | **NOT FOR BEGINNERS**



This intermediate ride is for those who have previous experience riding mountain bikes on varied terrain, and who have the conditioning for climbing. Riders will head east on the trail that edges the Bonita Golf Course and then head up the hill to Sweetwater Summit Regional Park on a combination of wide dirt trails, old fire roads and singletrack paths. A quick connector through the campground will take riders east into the San Diego National Wildlife Refuge to a local viewpoint known as the Tiki Hut, where they will enjoy a picturesque rest stop. Heading back west, riders will enjoy some fun singletrack trails leading to the campground and golf course, ending up at the Morrison Pond Staging Area.



MEETUP PERKS

Gain safety tips and information on bike quality checks and trail etiquette.

Connect with industry experts and park personnel.

Event are free. Parking fees are waived.

Free rental equipment is available; this will be an option when you register. (Minimum height is 5'2")

Meetup participants will receive custom-made "Ride On" socks.

Collectable stickers will be offered at both the meetup and at ranger stations.

FINE PRINT

Registration and waivers are required.

Events are not for participants under the age of 8 or unaccompanied youth. Difficult rides will have a minimum age of 18.

Helmets are required and all bikes should be in good working order with treaded knobby tires and working gears and brakes – ready to travel uneven, rocky, sandy and challenging terrain.

Quality checks will take place on site before the ride.

Inclement weather will cancel.



San Diego
Mountain Biking
Association

